



Profiling Opportunity: Pathways to the Future

The POP video series from the Department of Cell & Systems Biology spotlights opportunities and showcases careers in the Life Sciences. Produced by students for students, the series gets to the heart of what concerns, excites and engages undergraduates in this field of study.

POP Spark Guide, Opportunities in Life Sciences

Centre for Community Partnerships:

The Centre for Community Partnerships connects students with opportunities to take action and learn from intentional community-based experiences outside the classroom, while building sustainable partnerships with community organizations across the GTA and Peel regions. These mutually beneficial partnerships help students at all three University of Toronto campuses to deepen their understanding of the social, cultural, ethical and political dimensions of civic life through hands-on experiences working with Toronto's social sector.

Discussion Sparks:

- What is the value of volunteering?
- Other than making you feel good, how can volunteering in the community prepare you professionally?
- What are some benefits to community-engaged learning components?
- Kristina talks about how CCP programming can help students figure out their fit in the community. Why is this important to think about while you're still in undergrad?

General questions to spark discussion on opportunities:

- What is the value of opportunities that take you outside the classroom?
- What are some of the major barriers in your way for taking advantages of opportunities outside the classroom? What are some strategies for addressing them?
- What kinds of opportunities do you believe can enhance education in Life Sciences?

Resources to share with students:

- Centre for Community Partnerships: <https://www.studentlife.utoronto.ca/ccp>
- Ulife is a one-stop website listing a large and diverse directory of student clubs, organizations, activities and opportunities on all three campuses: <https://www.ulife.utoronto.ca/>
- Volunteering tips and resources from other UofT campuses.
Scarborough: <https://www.utsc.utoronto.ca/aacc/volunteering>
Mississauga: <https://www.utm.utoronto.ca/careers/volunteer>
- Volunteer Toronto increases the positive impact that volunteering has on the City of Toronto through innovative initiatives that inspire, inform, and connect volunteers and the organizations that need them: <http://www.volunteertoronto.ca/>